

# Carbon Reduction Plan Policy

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## 1. Policy statement

CogniScience Clinics Ltd is committed to reducing its environmental impact and achieving Net Zero greenhouse gas emissions by 2050, in line with UK Government policy and NHS requirements.

Sustainability is integral to the organisation's operating model. As a fully remote service, the organisation has been designed to minimise carbon emissions from the outset, reducing reliance on physical estate, limiting travel, and prioritising digital delivery.

This plan sets out the organisation's baseline emissions, approach to carbon reduction, and the measures that will be implemented to ensure continuous improvement over time.

## 2. Scope

This plan applies to all organisational activities undertaken by CogniScience Clinics Ltd, including:

- Remote clinical assessment services
- Digital infrastructure and data systems
- Workforce activity, including home working and limited travel
- Procurement of goods and services

The plan covers Scope 1, Scope 2 and Scope 3 emissions in accordance with the Greenhouse Gas Protocol.

## 3. Baseline emissions

**Baseline year: 2025/26**

CogniScience Clinics Ltd is a newly established organisation. As such, emissions are currently low and reflect the organisation's remote delivery model.

Emissions Source tCO<sub>2</sub>e

Scope 1 0

Scope 2 0

Scope 3 4.5

Total emissions 4.5 tCO<sub>2</sub>e

Scope 1 and Scope 2 emissions are reported as zero, as the organisation does not operate owned premises or fleet vehicles.

## 4. Scope 3 emissions

Scope 3 emissions represent the primary source of the organisation's carbon footprint. These have been estimated based on anticipated operational activity.

Category	Estimated tCO <sub>2</sub> e
Home working energy use	2.5
Business travel	0.5
Purchased goods and services	1.0
Digital infrastructure	0.5
Total Scope 3	4.5 tCO <sub>2</sub> e

These estimates are indicative and will be refined as operational data becomes available.

CogniScience Clinics Ltd recognises that Scope 3 emissions will increase as service activity grows. The organisation is therefore committed to developing robust measurement and reporting processes to ensure emissions are accurately captured and effectively managed.

## 5. Carbon reduction measures

The organisation's operating model is designed to minimise environmental impact. Key measures include:

- Delivery of services through a fully remote model
- Use of digital systems to reduce paper and physical infrastructure

- Limiting travel through virtual consultations and meetings
- Use of secure, cloud-based systems to support efficient service delivery

As the organisation develops, additional measures will include:

- Improved monitoring of Scope 3 emissions
- Sustainable procurement practices
- Ongoing review of digital infrastructure to ensure energy efficiency
- Promotion of low-carbon working practices across the workforce

## 6. Carbon reduction trajectory

CogniScience Clinics Ltd is committed to reducing emissions over time in line with its Net Zero commitment.

Year	Target emissions (tCO <sub>2</sub> e)
2025/26	4.5
2027/28	≤ 4.0
2030	≤ 3.0
2035	≤ 2.0
2040	≤ 1.0
2050	Net Zero

This trajectory reflects a reduction in both absolute emissions where possible and emissions intensity per unit of service delivery.

## 7. Governance and accountability

Responsibility for delivery of this plan sits with the Registered Manager and Board of Directors.

Carbon reduction is incorporated into the organisation's governance framework, with:

- Annual review of emissions and progress against targets
- Oversight through governance and quality improvement processes

- Integration of sustainability into organisational decision-making

## 8. Monitoring and review

This plan will be reviewed annually, or sooner if:

- There are significant changes to service delivery
- Updated NHS or Government guidance is issued
- New data becomes available to refine emissions reporting

## 9. Declaration

This Carbon Reduction Plan has been completed in accordance with NHS requirements and the Greenhouse Gas Protocol.

Signed:

A handwritten signature in black ink, appearing to read 'AR', with a small dot at the end.

Angela Rossi  
Registered Manager

Date: 28.02.2026

## 10. Related documents

- Clinical Governance Framework
- Information Governance Policy
- Business Continuity Policy